DIRECTION-SETTING STEP 1

**STARTING POINT**

|  |  |
| --- | --- |
| Location |  |
| Job |  |
| Income |  |
| Focused on |  |
| Hobbies and interests |  |
| Top skills |  |
| Weaknesses |  |
| Unhelpful habits |  |
| Important relationships |  |
| Big goals |  |

DIRECTION-SETTING STEP 2

**PAST PERSPECTIVE**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **1 YEAR AGO** | **5 YEARS AGO** | **10 YEARS AGO** |
| Location |  |  |  |
| Job |  |  |  |
| Income |  |  |  |
| Focused on |  |  |  |
| Hobbies and interests |  |  |  |
| Top skills |  |  |  |
| Weaknesses |  |  |  |
| Unhelpful habits |  |  |  |
| Important relationships |  |  |  |
| Big goals |  |  |  |

DIRECTION-SETTING STEP 3

**FUTURE COMPASS**

|  |  |  |
| --- | --- | --- |
| **BUCKET LIST ITEMS** | **SECRET DREAMS** | **CORE VALUES** |
|  |  |  |

DIRECTION-SETTING STEP 4

**NEXT RIGHT STEP**

|  |  |  |
| --- | --- | --- |
| **RISKS I COULD TAKE** | **THINGS I COULD TRY** | **PLACES I COULD GO** |
|  |  |  |